

# Transition from Pediatric to Adult Care

Essentia Pediatrics is committed to the smooth **transfer of care from pediatric care to adult care.**

We partner with youth and their families to plan and prepare for transition **starting around the 14th birthday.**

At **age 18, our patients will transfer to an adult model** of health care that includes: responsibility for their medical decision making, scheduling their own appointments, providing consent related to their medical care and sharing personal health information.

We follow State and Federal Privacy Laws. Older youth will need to sign a consent form that would allow parents access to their medical information.

We honor the preference of the youth and family in regard to the **actual timing of the transition.** In general, the transition happens by **age 18-22**, with modification as needed for youth with developmental disabilities.



**Essentia Health**

Here with you